



Newsletter | 20

5th February 2021



One Week to Go!

Thank you very much to all parents for supporting their children so well this term. There is just one week to go before a well-deserved break for the children and the parents! This term we have done our very best to provide the children with high quality learning, despite the challenges of school closure. However, we would not be able to do this without the support of the parents, so thank you so much!

As we reach the end of term, please continue to support your children in their learning and ensuring they have a healthy routine. It's important to maintain simple structures like:

- Eating at regular meal times
- Getting enough sleep
- Doing exercise (within the Covid rules)
- Getting fresh air
- Breaks from screen-time



Many thanks for your ongoing support!

Children's Mental Health Week

Thank you to everyone for supporting Children's Mental Health Week. We hope that children at home enjoyed this morning's activities including their 'Dress to Express' theme and the mindful and well-being activities explained by their teacher. The children in school also took part in these with their Teaching Assistants.

The sheet of activities shared by teachers this morning was adapted from this resource, which also gives more information on how to support home learning: www.education.ox.ac.uk/wp-content/uploads/2020/04/Supporting_home_learning_routines_-_Planning_the_day1.pdf

There is an accompanying video explaining how to set healthy routines for children at home:
<https://www.youtube.com/watch?v=MO9SDGRgi3c>

Captain Sir Tom Moore

On Tuesday, the nation lost a hero and one of the symbols of hope during the pandemic, Captain Tom. Not only did he raise over £30 million in the final year of his life to support the NHS, but in his earlier years, he also served his country in World War II.

Although his passing was sad, we can hopefully all take inspiration from his values and courage and, in difficult times, remember his words in *Tomorrow Will be a Good Day*:

"We will get through it in the end but it might take time, but at the end of the day we shall all be OK again... the sun will shine on you again and the clouds will go away."

Design Project

On 12th February, the last day of term, we will be doing a whole-school design project. Please get ready by collecting some recycling/junk modelling items such as cardboard. If your child is in school that day, we will provide the items so please do not bring them into school.

Critical Workers

A reminder that children of critical workers can only attend school when:

- both parents are critical workers
- both parents are in work that day
- there is no alternative childcare option

Please let us know as soon as possible if you have booked a place which you no longer need.

Please note that for children in school, on Friday 12th February, we finish after lunch as usual for half term. 12.55pm for the lower school (Nursery to Year 2). 1.05pm for the upper school (Years 3-6).

For parents of children still coming into school:

Please note, you must still follow the Covid rules and **no children must come to school with any symptoms or if members of the household have symptoms**

Guidance on Symptoms

If your child develops any symptoms of Covid-19, he/she and any siblings must not come into school for 10 days from the first day of the symptoms.

Symptoms are:

High temperature; New/Continuous Cough; Loss of Smell or Taste

You must arrange for your child to be **tested** as soon as possible.

If your child receives a **negative test**, he/she and any siblings may return to school.

If your child receives a **positive test**, he/she and any siblings should remain off school for 10 days from **the date of the positive test and school must be notified.**

If it is known that your child has been in contact with someone who has tested positive for Covid-19, your child must isolate for 10 days, even if they have no symptoms.